



Hearing Health Quick Test

Check **YES** or **NO** or **SOMETIMES** for each question.

1. Do you find it difficult to follow a conversation in a noisy restaurant or crowded room?
 Yes No Sometimes
2. Do you sometimes feel that people are mumbling or not speaking clearly?
 Yes No Sometimes
3. Do you experience difficulty following dialog in the theater?
 Yes No Sometimes
4. Do you sometimes find it difficult to understand a speaker at a public meeting or a religious service?
 Yes No Sometimes
5. Do you find yourself asking people to speak up or repeat themselves?
 Yes No Sometimes
6. Do you find men's voices easier to understand than women's?
 Yes No Sometimes
7. Do you experience difficulty understanding soft or whispered speech?
 Yes No Sometimes
8. Do you sometimes have difficulty understanding speech on the telephone?
 Yes No Sometimes
9. Does a hearing problem cause you to feel embarrassed when meeting new people?
 Yes No Sometimes
10. Do you feel handicapped by a hearing problem?
 Yes No Sometimes
11. Does a hearing problem cause you to visit friends, relatives or neighbors less often than you would like?
 Yes No Sometimes
12. Do you experience ringing or noises in your ears?
 Yes No Sometimes
13. Do you hear better with one ear than the other?
 Yes No Sometimes
14. Have you had any significant noise exposure during work, recreation or military service?
 Yes No
15. Have any of your relatives (by birth) had a hearing loss?
 Yes No

Scoring: Score 2 points for **Yes**, 1 point for **Sometimes** and 0 points for **No**. Scores of 3 or more may mean that you have a hearing problem. Scores of 6 or more strongly suggest that a hearing check is warranted. In either case, it is time to screen your hearing. Give us a call at 480-451-0220 for a **FREE Hearing Screening** and we will put together your *path to better hearing!*